

Feeling safe in our school

At Bridgewater Primary School, we want to make sure that every pupil in our school feels looked after, safe and happy, both when you are in and out of school. Sometimes adults don't know if something bad has happened, so you need to tell us. Any relationship you have should help you to feel **safe** and **happy**. If it doesn't let an adult know.



What if I see someone who is unhappy?

You should never walk away and ignore the problem if you see someone else unhappy. Tell an adult.

Adults in school can find out what the problem is and take the actions needed to make the person feel safe and better again.

Getting Adult Help

Adults you can trust will not promise to keep secrets, because they need to help you to keep safe.

Adults you can trust will also not ask you to keep a secret or tell you not share how you are feeling. At our school all the adults will listen and will understand.

What do I do if I am unhappy?

Tell an adult that you trust. This could be a family member, a friend or an adult in our school. Look out for the adults in our school with the **green lanyards** if you are feeling scared or frightened. They have special jobs to

keep all children safe. **Their pictures are at the bottom of this poster.**

What if someone makes me uncomfortable about my body?

No-one has the right to touch you, tease you, use inappropriate words or gestures or put you under pressure to do something that uses your body or theirs. If this happens, you must tell an adult, who can help you. Remember our 'pants rule' – your pants are private and your private parts are only for you. The NSPCC have a special song called 'Pantosaurus' which will help you remember this important rule.



Mrs Harvey



Mrs Troop



Mrs Redden



Miss Ottaway



Mrs Wise



If you are worried, let us know. We are here to help you and make Bridgewater a safe and happy place to be!

