Recipes for children to follow

Salt Dough

You will need:

2 cups of plain flour

1 cup of salt

1 cup of water

1 bowl

1 spoon

Instructions:

1. Put the flour and salt in the bowl.

2. Put the water in the bowl slowly.

3. Mix together with a spoon or your fingers.

4. Now it is ready to roll or model.

Play Dough

You will need:

2 cups of plain flour   1 cup of salt   1 tablespoon of oil

1 cup of warm water   1 bowl   Food colouring   1 spoon

Instructions:

1. Put the flour and salt in the bowl.

2. Put the water and food coloring in the bowl.

3. Put in the oil.

4. Mix together with a spoon and knead with your fingers.
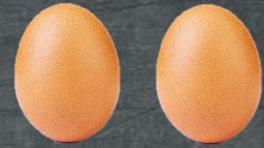
Cupcakes

You will need:

1 cup of self-raising flour   1 cup of soft butter   2 large eggs

1 cup of caster sugar   Vanilla essence   1 bowl   1 spoon

12 bun cases

Instructions:

1. Put the butter, sugar and vanilla in the bowl.

2. Put in the eggs and flour.

3. Mix with a spoon and put into cases.

4. Bake for 20 minutes and check they are ready.

Biscuits

You will need:

½ cup of soft butter

¼ cup of caster sugar

1 and ¼ cup of self-raising flour

1 bowl

1 spoon

1 fork

Instructions:

1. Put the butter and sugar in the bowl and mix with a spoon.

2. Put in the flour and knead until there is a dough.

3. Roll into balls then squish with the fork.

4. Bake for 15 minutes until golden brown.

Gingerbread people

You will need:

3 cups of plain flour   1 tsp bicarbonate of soda   Cutter

2 teaspoon ginger   1 bowl   ½ cup of butter   1 spoon

1 cup light brown sugar   4 tbsp golden syrup   1 egg   Rolling pin

Instructions:

1. Put the butter and flour in the bowl and rub together.

2. Put in the sugar, bicarbonate ginger, golden syrup and egg.

3. Mix together then roll the dough out with a rolling pin.

4. Cut out with the cutter and bake for 12 minutes.